# Tucson Resources for Parents & Family Members Experiencing Perinatal Loss

#### Parents Experiencing Pregnancy & Infant Loss



520.622.5774 Info@HohTucson.com

#### **Prayer Request**



2700 E Speedway Blvd Tucson, AZ 85716 office@catalinamethodist.org (520) 327-4296 Mon-Thurs: 10:00am – 3:00pm

## For Siblings Experiencing Grief Alongside their Parents



tunidito.org Monday – Fridays 9-4 3922 North Mountain Ave Tucson, AZ 85719 Phone: <u>520-322-9155</u>

Fax: <u>520-321-0831</u>
Services are free of charge and offered in both English and Spanish.

#### **Bereavement Photography**



Now I Lay Me Down to Sleep (<a href="https://www.nowilaymedowntosleep.org">www.nowilaymedowntosleep.org</a>

# Funeral Homes with Infant Loss Knowledge



2545 North Tucson Blvd, Tucson, AZ 85716 (520) 329-4127 Monday to Friday from 9am-4:30pm. Saturday by appointment only. 24/7 answering service.



Carrillo's Tucson Mortuary, Inc. 204 S Stone Ave. Tucson, AZ 85701 p: 520-622-7429 f: 520-622-4027

# State, National & International Resources For Parents and Family Members Experiencing Pregnancy & Infant Loss



### **Online Pregnancy and Infant Loss Support**

The National Share office hosts weekly online group chats that are free of charge to our families.

- The online Pregnancy Loss Group (for the loss of baby through miscarriage, still birth or in the first weeks of life) meets every Tuesday from 7:00pm-9:00pm CST.
- The 3rd week is dedicated to Pregnancy After Loss (for those pregnant after a loss or trying to become pregnant).

To connect to the group meeting, go to our website at: https://nationalshare.org/online-support/



#### **Loss & Grief in Pregnancy and Postpartum**

1-800-944-4773 (4PPD) #1 En Español or #2 English

Text in English: 800-944-4773 Text en Español: 971-203-7773

The HelpLine will provide you with support and resources. You will be asked to leave a confidential message and a trained and caring volunteer will return your call or text.



Support Services Uniting all infertility, Miscarriage, Stillbirth, & infant Loss Survivors

chasingtherainbows.org

We connect individuals and families to specific resources, tools and offering daily virtual support groups with alike peers.

https://chasingtherainbows.org/peer-support-groups/

For 24/7 Support, call or text our National Maternal Hotline at 1-833-TLC-MAMA (1-833-852-6262)

If you are in crisis, Call 988 or Text 741741 for the 24/7 crisis hotline